

## What to wear as a Roman soldier.

Being a soldier in the Roman Army is a dangerous job and you will need to protect yourself and your friends. This page will help you choose the right pieces of uniform so you will be safe in battle. It will also explain why the pieces are important and why you need to keep them close. This article will save your life!

### The Uniform.

A soldier's uniform is made up of many special pieces of clothing. Your basic uniform is a linen shirt, a tunic made of wool, strong body armour, a helmet and a special pair of sandals. All of these pieces of armour are important because they all play their part in keeping you safe. All of your uniform is important, especially the body armour and helmet. You must always wear these because they are made out of a strong metal called iron. They will help protect your body and head during an ugly battle. Your sandals are your secret weapon because they have sharp metal studs on the bottom so you don't slip over in battle. The studs can also be used as a weapon to hurt your enemies if you have lost your sword!

### Weapons.

When you join the mighty Roman army, you will be given some powerful weapons. A sword and a shield will be at your side at all time so you can always defend yourself. Your sword will be very sharp so always make sure you always put it away in the holder correctly. You can use your sword to strike enemies with and also to block attacks. The shield will be easy to carry because it is very light but incredibly strong. It's a curved shape and protects your body properly. If you ever forget these important items you will be defenceless in battle!

Your uniform will be with you throughout your 25 years in the Roman army so look after it! If you do, it will look after you and keep you safe. It might even save your life!

**Your shield is also known as a Scutum. It has a hard ball on the front for attacking your enemy with.**



**Wear your uniform with pride!**