Cowardly Cooderfly is a winged, bird-like creature; however, she has four wings rather than two. Each of her wings is covered in thousands and thousands of shimmering green feathers: they show every hue and shade of green that can be imagined, from the gentlest mint green to the deepest forest green.

Her beak is one of her most prominent features: it is nearly as large as the rest of her face. Another dominant feature is her eyes: they are oval-shaped, framed by bold, black eyelashes and blood red in colour.

Despite living in stunning rocky mountains, she rarely flies and has few friends: poor Cowardly Cooderfly is not keen on doing anything that she finds frightening. And, unfortunately, two of her biggest fears are flying and meeting new creatures! So, she spends a lot of time perched on craggy rocks, watching other creatures flying gracefully above her, then making loop-the-loops and soaring towards the craggy rocks below them.